

Wellness

How does the NYC Weight Watchers program work?

The NYC Weight Watchers program is a partnership between Weight Watchers and the City of New York. With the City's program, **employees have access to a subsidy reducing the cost** of membership by more than 50% off the regular price. Benefit-eligible **dependents (spouses, children 18-26) and retirees can enjoy discounted pricing**. Spouses and dependents of retirees are not eligible for the discount. The dollar value of this contribution/benefit will be included as taxable income to the employee.

Meetings (includes OnlinePlus)	
Employees	\$15/Month
Spouses/Domestic Partners/Dependents (over age 18)/Retirees	\$30/Month

OnlinePlus	
Employees	\$7/Month
Spouses/Domestic Partners/Dependents (over age 18)/Retirees*	\$14/Month

*Spouses and dependents of retirees are not eligible for the discount.

Before you begin:	View Registration Instructions for Employees
	View Registration Instructions for Retirees

[View the FAQs](#)

[View the At Work Meeting Schedule](#)

[Join Weight Watchers](#)